





Young at Heart

2026



St. Roch Young at Heart is a welcoming group for parishioners aged 55 and older, created to foster friendship, fun, and spiritual growth. Whether you're a member of St. Roch or simply looking to connect with others in a meaningful way, we invite you to join us!

September

- Rock-N-Senior Fitness (45min)
  - 10:00am and 10:40am
  - September 10, 17, 24
  - REGISTRATION REQUIRED
- Daughters of Mary
  - "Betty Stumpf: My Faith Journey"
  - September 14 @ 6:30PM
- YAH Health Fair
  - September 13 from 10:00am- 1:00pm
  - Information and Resources from Senior Service Organizations
- Card Ministry
  - September 28 @ 6:00PM
- The Prayer Shawl/ Tie Blankets/Rosary Braclets
  - Mondays 11am and 6:30pm

October

- Rock-N-Senior Fitness (45min)
  - 10:00am and 10:40am
  - October 1 and 8
  - REGISTRATION REQUIRED
- Grief Group
  - TBA
  - REGISTRATION REQUIRED
- Daughters of Mary
  - "Mary Bea Shore-Walsh: My Faith Journey"
  - October 12 @ 6:30PM
- The Prayer Shawl/ Tie Blankets/Rosary Braclets
  - Mondays 11am and 6:30pm

November

- Daughters of Mary
  - "Mary Beth Braeden-Frisbee: My Faith Journey"
  - November 9 @ 6:30PM
- Card Ministry
  - November 30 @ 6:00PM

The Prayer Shawl/ Tie Blankets/Rosary Bracelets

- Mondays 11am and 6:30pm

December

- Daughters of Mary
  - "Safe Haven Baby Box Presentation by Cap. John Moriarty"
  - December 14 @ 6:30PM
  - Our "Christmas Baby Shower for Jesus" will accept gifts to be donated to Birthline
- The Prayer Shawl/ Tie Blankets/Rosary Making
  - Mondays 11am and 6:30pm (last day December 7 until January)

January

- Daughters of Mary
  - Speak TBA
  - January 11 @ 6:30PM
- The Prayer Shawl/ Tie Blankets/Rosary Braclets
  - Mondays 11am and 6:30pm

To learn more about our programs and upcoming events, visit strochindy.org and click on the Parish Life tab.

Yearly events

2026

February

- Daughters of Mary
  - "Megan Burnett: My Faith Journey"
  - February 8 @ 6:30PM
- Card Ministry
  - February 22 @ 6:00PM
- The Prayer Shawl/ Tie Blankets/Rosary Bracelets
  - Mondays 11am and 6:30pm

March

- Daughters of Mary
  - Speaker "Julie McGuire: My Faith Journey"
  - March 8 @ 6:30PM
- The Prayer Shawl/ Tie Blankets/Rosary Bracelets
  - Mondays 11am and 6:30pm

April

- Daughters of Mary
  - Speaker TBA
  - April 12 @ 6:30PM
- Card Ministry
  - April 26 @ 6:00PM
- Rock-N-Senior Fitness
  - TBA
  - REGISTRATION REQUIRED
- Lunch and Learn TBA
- The Prayer Shawl/ Tie Blankets/Rosary Bracelets
  - Mondays 11am and 6:30pm

May

- Daughters of Mary
  - Speaker TBA
  - May 10 @ 6:30PM
- The Prayer Shawl/ Tie Blankets/Rosary Bracelets
  - Mondays 11am and 6:30pm
  - (Last day May 3 until September)

Ministry Leaders for Young at Heart:

- Daughters of Mary
  - Mary Anne Schaefer
- Lunch and Learn
  - Mary Anne Schaefer
- Prayer Shawl/Tie Blankets/Rosary Bracelets
  - Nancy Burton
- Roch-N-Senior Fitness
  - Mary Anne Schaefer
- Grief Group
  - Mary Anne Schaefer
- Card Ministry
  - Roseanne Strevels and Karen Keifer
- Eucharistic Home-Bound Ministry
  - Mary Beth Crawford
- A Stitch of Grace, A Sign of New Life: Sewing Baptismal Bibs
  - Bella McColly

If you are interested, please contact Mary Schaefer at maschaefer317@gmail.com

Daughters of Mary

WOMEN OF FAITH

Daughters of Mary is a program to help nurture our spiritual, physical, and emotional needs as women of the church. We will meet once a month and have guest speakers. This program welcomes women 18 years and older from all denominations of our community.